

IT's already the month of March! This Wednesday will already be Ash Wednesday, marking the start of the Lent Season – the season of prayer, fasting, and repentance.

We're in Talk 3, titled We Need a Hero, of our powerfully enlightening series, Who Can Lead Us? (A Bible Study on Joshua, Judges, and Samuel).

In this *unsettling* talk, we'll learn more about the Judges, specifically Gideon and Jephthah. They are troubling because we'll uncover their less admirable qualities.

Love God

By the way, these Judges aren't like the court trial judges we know. They are more like military-religious leaders whom God calls to save the Israelites whenever they fail-- such as when they worship other gods, or fall to their enemies. They're not, however, superheroes as you might assume. They too fail and falter.

Sadly, or disturbingly, even today, many spiritual leaders whom God calls to be "heroes of His people" also fail and fall (I, included).

Those who failed big time had this to say: "I loved God. But I didn't fear Him."

Of course, we should love God more. Yet, the Bible tells us that we should also have "fear of the Lord" -- so that we may truly obey Him. Sadly, some tend to abuse His love.

But as always, there is hope, and that's where Lent Season comes in. We are called to repentance and reconciliation because, like the Judges, we too failed and fell.

We hold on to the promise in Judges 2:1: *God will never break His covenant with you*. Our hope is in JESUS – our One True Merciful Judge, King, and Savior.

That, too, is our reassuring message in Talk 3.

Get ready to be blessed as we welcome you to The Feast where You are loved!

Mayroong Magandang Mangyayari Sa 'Yo,

Alvin Barcelona



Taking Sides

MEDIA people, especially news journalists, are supposed to follow the Journalism Code of Ethics to be fair, to report or air all sides of an issue.

At The Feast last Sunday, February 23, 2025, we were told to take sides.

In his Homily, Rev. Fr. Paolo Asprer reminded us of what our Lord Jesus

said in last Sunday's Gospel: "Love your enemies."

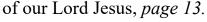
Whoa, take the side of our enemies? Read on, page 3.

Feast Bay Area District Builder introduces Talk 3 of our ongoing Feast Talk series, *WHO CAN LEAD US?*, about the Judges, *page 1*. Take the side of the Judges? Don't miss today's Talk.



Our founder, Bro. Bo Sanchez, took the side of a pioneer Light of Jesus member, visiting from the United States, May Ulanday

(now married to American Eric Balance), saying that ever since Day 1 of our Community, the pioneers have relentlessly taken the side



Yes, they've taken the side of Joshua who declared: As for me and my house, we will serve the Lord. That was the theme of Talk 2 of our Feast series. Flashback by Bro. Audee Villaraza on page 14.

Taking the side of the Lord means giving your all to Him. Difficult? Listen to Bro. Didoy Lubaton and his children, Hosea and Haley, *page 23*.

Yes, dear Feasters: Choose today.





Holy Mass





Homily

REV. FR. ANGELO PAOLO ASPRER

on the Gospel Luke 6:27-38

Excerpts:

GOOD MORNING, Sisters and Brothers in Christ! Peace and blessings to everyone.

It is often said that there are two kinds of people that we hold in our hearts: people that we love and people that we hate or with whom we have ill feelings. Wherever we are, and whatever we do, they're always there.

Now, the question is who holds more space in our hearts?

The great St. Clare of Assisi, a collaborator of St. Francis and founder of the religious congregation, The Poor Clares, once said: "We become what we love. What we love shapes who and what we become."

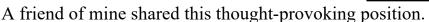
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'Frenemies'

We become our thoughts. We become our desires. We become our feelings. We become our passions. We become our relationships. That is why it is said that over time, married couples begin to look and resemble each other.

But is the opposite also true? Do we become what we hate or who we hate? Do you have enemies? Enemies who became friends? Friends who became enemies? Or do you have what the millennials or Gen Zs call "Frenemies?"

Ultimately, the question is, have we become a better person through our enemies or have we become bitter?



She said, "Father, I thank God for my enemies because they allow me to witness God's truth, justice, goodness, and holiness. I thank God for my enemies because, through them, I get to know more about myself. I appreciate real enemies more than fake friends."

Do we lose friends or perhaps we only know who the true ones are?



First Reading: 1 Samuel 26:2, 7-9, 12-13, 22-23

2 In those days, Saul went off down to the desert of Ziph with three thousand picked men of Israel, to search for David in the desert of Ziph. 7 So David and Abishai went among Saul's soldiers by night and found Saul lying asleep within the barricade, with his spear thrust into the ground at his head and Abner and his men sleeping around him. 8 Abishai whispered to David: "God has delivered your

enemy into your grasp this day. Let me nail him to the ground with one thrust of the spear; I will not need a second thrust!" 9 But David said to Abishai, "Do not harm him, for who can lay hands on the Lord's anointed and remain unpunished? 12 So David took the spear and the water jug from their place at Saul's head, and they got away without anyone's seeing or knowing or awakening. All remained asleep, because the Lord had put them into a deep slumber.

13 Going across to an opposite slope, David stood on a remote hilltop at a great distance from Abner, son of Ner, and the troops. 22 He said: "Here is the king's spear. Let an attendant come over to get it. 23 The Lord will reward each man for his justice and faithfulness. Today, though the Lord delivered you into my grasp, I would not harm the Lord's anointed."

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Who Is the Enemy?

In our Gospel reading today, Jesus calls and challenges us to the greater and deeper love which is based on the Golden Rule:
"Do to others as you would have them do to

"Do to others as you would have them do to you."

Such a principle is also present in other religious traditions.

The Jewish Rabbi, Hillel, who was a contemporary of Jesus, put it in a negative form: "What is hateful to you, do not do unto others."

Now, the challenge is to love your enemieswhich indeed is the hardest part of being a Christian.

Who are our enemies in the context of Jesus' world? The enemies are those who directly hurt you, harm you. and humiliate you. The enemies too are the outsiders.

But who is the enemy for us? What does "love your enemies" mean? Does that mean passivity? If it is, it would only inflict self-harm. It would only tolerate violence or evil. What does our Lord Jesus teach us? He teaches us to resist the enemy not through violence or retaliation but by conquering the enemy's heart with goodness, holiness, and righteousness.

Responsorial Psalm: Psalm 103:1-2, 3-4, 8, 10, 12-13 R: The Lord is kind and merciful.

1 Bless the Lord, O my soul; and all my being, bless his holy name. 2 Bless the Lord, O my soul, and forget not all his benefits. (R)

- 3 He pardons all your iniquities; he heals all your ills.
- 4 He redeems your life from destruction, crowns you with kindness and compassion. (R)
- 8 Merciful and gracious is the Lord, slow to anger and abounding in kindness. 10 Not according to our sins

Responsorial Psalm

THE LORD IS KIND AND MERCIFU

does he deal with us, nor does he requite us according to our crimes. ®

- 12 As far as the east is from the west, so far has he put our transgressions from us.
- 13 As a father has compassion on his children, so the Lord has compassion on those who fear him. (R)

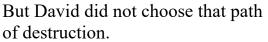


Jesus' Radical Approach

Evil can never be eradicated by another evil-- but only by goodness, holiness, and righteousness.

Who is our model? Jesus. And also King David in the First Reading today.

David had all the chances to get even and retaliate against his father-in-law, Saul, who harmed him so much.

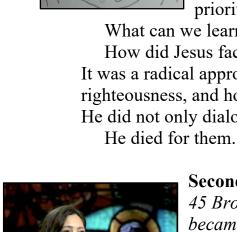


Our Second Reading today says that we all have the spirit of Adam and the spirit of Christ in all of us. Like Adam, we all tend to get even with our enemies but we also hold in our hearts the spirit to transcend, to level up, to put top priority on relationships, integrity, and healing.

What can we learn from Jesus?

How did Jesus face His enemies?

It was a radical approach. Eliminate the enemy with your goodness, righteousness, and holiness. Jesus did not only reach out to His enemies. He did not only dialogue with them. He did not only confront them.

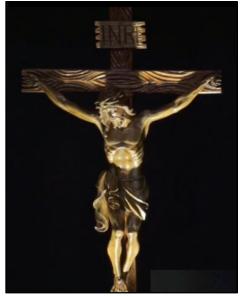




1 CORINTHIANS 15:45-49

Second Reading: 1 Corinthians 15:45-49

45 Brothers and sisters: It is written, The first man, Adam, became a living being, the last Adam a life-giving spirit. 46 But the spiritual was not first; rather the natural and then the spiritual. 47 The first man was from the earth, earthly; the second man, from heaven. 48 As was the earthly one, so also are the earthly, and as is the heavenly one, so also are the heavenly. 49 Just as we have borne the image of the earthly one, we shall also bear the image of the heavenly one.







4 Challenges from our Gospel Reading and Other Readings:

1. Seek to know yourself deeply.

Know the real enemy. Our Lord Jesus knew Himself deeply. In the face of enmity, opposition, and rejection, He was focused on His mission. The most important voice is the voice of the Father.

I chanced upon this insight from a writer. He said that when you go to a battle, you should know your enemy and you should know yourself.

If you know the enemy and if you know yourself, do not fear. If you know only yourself but not the real enemy, your chances of winning or losing are equal. If you do not know yourself and you do not know the real enemy, you will lose the battle. Sometimes, the more dangerous enemy is not outside us-- it's within us.

2. Stay focused on your mission. Despite the rejection and opposition, Jesus was faithful to the very voice of the Father. He didn't allow the outside voices to drown or defeat the inner voice of the Father in Him.

3. Select your battles wisely.

You don't have to fight every battle.

Are those battles worth our time and energy?

4. Soar like an eagle. I read this on social media. How does an eagle fight with a snake? The eagle does not fight the snake on the ground because the ground is the comfort zone of the snake.

It is dangerous on the ground. So, the eagle picks the snake upward. He changes the battleground. From there, he releases the snake.

My dear friends in Christ, as we face the enemy, we are called to level up and change the battleground to God's battleground.



Photo by Rachel McDermott on Unsplash https://unsplash.com/s/photos/eagle-soaring

Do you pray for your enemies? Are you ready to forgive them? Pray for your enemies. Perhaps, it will not change them but praying for our enemies will transform us. Amen.

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Worship!

SIS. MADZ PAMAONG:

GOOD MORNING FEAST!

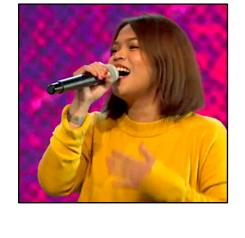
It's a beautiful Sunday morning to worship the Lord. Church, the Word says: "So if the sun sets you free, you will be free."

Today, we can rejoice in that truth. I invite you to continue lifting His Name, His redeeming, lifegiving, saving Name.

We believe that the Name of Jesus has cast out the enemy, has raised the dead, healed the sick, and given us salvation.

So, from the front to the back, and every mouth in this room, we declare that there is power in the Name of Jesus! Amen.

So, we sing...









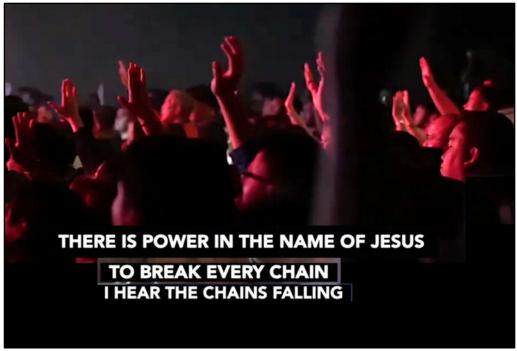
BRO. BO SANCHEZ:

Father in Heaven, we stand in Your Presence. There is victory in the air. We can smell it, we can feel it, we can sense it.

We Thank You, Father, for the gift of victory. There are people here, Lord, who need that victory. They are crawling in despair. Some, Lord, are depressed, some are overcome by worry and anxiety.

And so, in the mighty Name of Jesus, we are proclaiming that *that* victory is coming. We declare that the enemy is defeated. We declare that the King has taken His place on the Throne. He is holding His scepter of power and dominion.

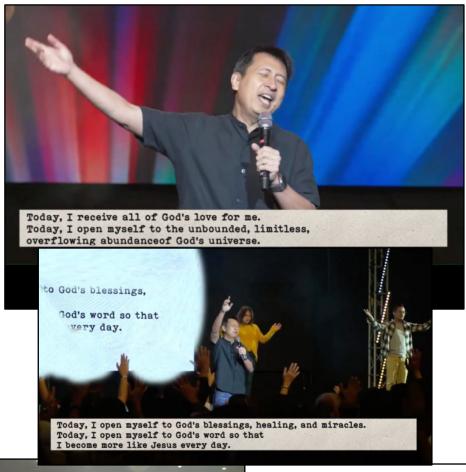
And we declare we report to that King, and if the King wins, we win! If the King wins, we win! If the King wins, we win!





NOVENA TO GOD'S LOVE DECLARATION OF ABUNDANCE

Let's say our favorite family prayer...





Welcome!





I want you to give a Hi-10, not just a Hi-5-- Hi-10, two palms -- and just give to about 10 persons, if you can, and just tell them, "I'm so happy you're here."

I've got a dear friend from the United States. Her name is May Ulanday. She was part of the first 30 persons, of the very first Feast in 1980. From the U.S., how are you May? Love you, May.



Talk



BRO. BO SANCHEZ:

HOW many of you just had a difficult week? Raise your hand. I want you to be proud that you went through a difficult week. Why? Because life is difficult.

Some people complain, "Brother Bo, I pray. I go to Mass. I'm close to God. Why is life so difficult?"

I counter: "Do you pray or go to church because you want an easy life? I've got news for you. It won't happen-- whether you pray or you don't pray. You're going to have a difficult life because life is difficult. But I've got news for you.

Life is difficult but beautiful. Do you know why it can't be beautiful? Not because God will make your life easy, but He will give you the strength to endure.

Say this with me: "Choose your difficult."

Who among here finds it difficult to exercise? Is it difficult to wake up in the morning when your alarm clock is going off, and the temptation is just to hit the snooze button? Is it difficult to wear your rubber shoes and to start walking? Yes, it's difficult.

But if you do not do that, it will also be difficult to be 70 years old-and your muscles will have atrophied. So, it's difficult to exercise, but the results of not exercising are also difficult. Choose your *difficult*.

Last year, I gradually stopped eating ultra-processed food. It's difficult.

What is ultra-processed food? You enter a grocery store. You get a product from the shelf. You look at the back. You read the ingredients. If the ingredients have lots of words you cannot understand and you cannot pronounce 75% of those words, that's ultra-processed food.

What should you do? Return it to the shelf. It is difficult to do that because those foods are very delicious. Don't blame yourself. There are multi-billion companies who have hired an army of scientists who have concocted a process and chemicals to make such foods addictive. It is difficult to choose the right food.

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What's Your Choice?

I'm a semi-old guy. I've learned to eat simple food. I eat eggs. I eat lettuce.

I eat papaya. I eat sweet potato. How many ingredients does each of those foods have? Just one. It's absolutely boring. It's difficult.

But if you keep on eating ultra-processed food and extreme sugar, it's difficult not to have diabetes, not to have cancer. I'm no scientist. There is no direct link to that. Perhaps there is some connection,

but I cannot prove it to you.

Again, choose your difficult.

Last example:

To say, "As for me and my house, we will serve the Lord" is difficult, especially if you've been doing it since 1980.

May Ulanday was with me in 1980-- in that garage.*



We were so young, May. We were serving the Lord.

Now, we're not very young. But 40 plus years, 45 years later, our battle cry is still: "As for me and my house, we will serve the Lord."

It's very difficult.

On the other hand, when you do not serve the Lord, when you do not follow Him, when you do not love Him, when you do not obey Him, it's also very difficult. You will have no peace and no real joy. Choose your *difficult*.

^{*}Bro. Bo's parents, Bro. Gene and Sis. Pilar, started a prayer meeting in 1980 in the garage of their home on Chicago Street, Cubao, Quezon City, attended by 30 persons: their children-- five girls and Bo, then only 13 years old-so12 The FEAST FAMILY March 2, 2025me friends, and neighbors. That prayer meeting is now the Light of Jesus Feast.



BRO. AUDIE VILLARAZA:

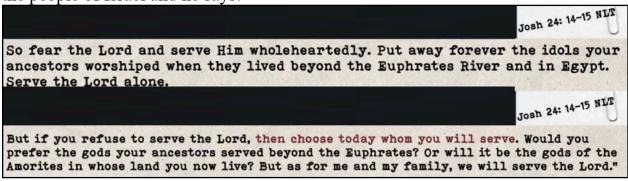


Before we receive the Word of God today, let's lift our hands and let's all sing:

Thy Word is a Lamp unto my feet And a Light unto my path.

We're going to continue our Talk on Joshua and the Israelites today. This is Talk 2 of our series, *WHO CAN LEAD US?*

Walk with me as we open our Bibles to Joshua 24:14. Joshua is advising the people of Israel and he says:



I love that Joshua gives this sense of urgency, but before he does that, he says: "Who do you want to serve?"

He gives you options.

Life is full of options. But sometimes, you make the wrong choice.

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Choose Today

I came from Tacloban this morning. Before I went up inside the plane, the people in Tacloban told me, "Brother Audie, we really pray that you're going to land safely because there's a lot of rain here in the city."

As we were about to descend, the plane started shaking as we happened to pass through a turbulent path. I was on the edge of my seat.

I was like, "Is this my last day?"

In my mind, I was already saying goodbye to my loved ones...

Thankfully, I landed safely. Then, at Mass yesterday, I heard the homily of the priest -- Rev. Fr. Raymund Mazo, Parish Priest of the Sacred Heart of Jesus.

Fr. Raymund said: "How many of you want to go to Heaven?" People raised their hands.

Then he said: "How many of you want to die right now?"

For you to get to Heaven, you need to die first. But none of us want to die because it's scary and uncertain.

I realized that the greatest decision that you can ever make in your life when you think about dying today is to start choosing the God that you will worship.

Joshua says: "Choose today."

Not tomorrow. God doesn't promise us tomorrow. We get only today. So, as long as you have breath, choose to serve God. Who will you worship? Is it going to be the false idols or the one true King who has control over everything? Choose today. Don't delay.

Let's pray. Put your hand over your chest and say:

"Lord, I'm here. Speak to me. I need Your wisdom. I am Your servant. I am listening.

In Jesus' Name. Amen."

One more time, Everybody, lift your hands and give honor and reverence to the Word of God:

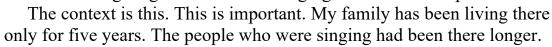
Thy Word is a Lamp unto my feet And a Light unto my path.



The Lesson

A few weeks ago, my family and I made a surprise visit to my mom and my sister in Calaca, Batangas. They've been living there for five years. Their place is in the middle of nowhere. There's only one spot, which is one square meter that has no online signal. It's like you're living in the Dark Ages. But they love the peace and quiet.

But here's the thing. When we arrived,
I noticed that my sister was a little agitated.
I found out that it was because for the last 48 hours,
the surrounding neighbors had been singing karaoke non-stop.



In a nutshell, that is the story of Joshua. When the Israelites were freed from Egypt, they walked in the wilderness for 40 years. The Lord promised them a land that was flowing with milk and honey. But when they got to the Promised Land, they didn't see a land flowing with milk and honey. They saw a land flowing with people. Canaanites were already living there. They already had values and customs. They were worshiping pagan gods-- unlike the Israelites, who worshipped God.

Just like any good leader and any good parent, the Israelites tried to protect their innocent ones from falling into the same trap of worshiping pagan gods, sacrificing human beings, and doing all these stuff that was evil in the eyes of God. Unfortunately, they fell hard into that same pattern of worshiping false gods and false idols.

If you are slowly just coming to form your faith right now, you are a baby Christian. You're only getting to know God. The last thing that you need to do is to get into a debate with somebody whose faith is already formed, especially if they have a different belief system. Instead of becoming the influencer, you'll become the influencee. They'll take you on for a ride, and you'll start believing in the same things that they're going to do.

So, what do you do you? Get yourself strong first. Form your faith, then, go out and start talking to people, evangelizing them.

That's the lesson. Be strong first before you head out because that's the only way that you're going to resist temptation. But if you read *Joshua*, there's a question that I'm sure some of you might be asking. Why does it seem like God is against us worshipping false idols? Does God want all the attention?

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The Message Today

Listen to me. First, God is God -whether you believe in Him or whether you worship Him or not.

The reason the Lord doesn't want us to worship false idols is that in the biblical representation, false idols represent the Devil. They represent evil. They represent darkness.

Brother Bo says it all the time: "You become the god that you worship."

When you worship the Devil, you become exactly like him. You start opening your life to what's evil. We live in a society that worships evil. Look around you. So many people have fallen to the dark side.

That's extra reference to people who love *Star Wars*. Isn't that what they say? Dark side, Darth Vader...

Do you want to know how you can tell that people are in love with darkness? When they know that something is wrong and evil and yet still defend it.

Because you don't mind. To you, it's okay. And you start negotiating with God: God, so many commandments. Can't we just make

Commandment No. 8, Thou shall not steal, as Thou shall not steal too much?

Here's my question: Between you and God, who needs to adjust? If you answer that the Lord needs to adjust, know that you're living a lie.

You've got to face your evil and tell God: "I need this to go. It's an idol that I'm worshiping."

Sometimes, we idolize stuff. I know some people who will never kneel in a public place because they're wearing Gucci, and it might get dirty.

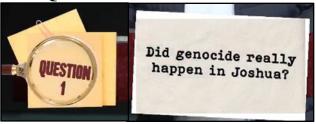
It's a message-- and I'm preaching this to myself, by the way: You don't own stuff, but stuff owns you.

That's the message today. We need to ask ourselves: "Am I humanizing evil? Am I justifying evil in my life simply because it's comfortable and it's convenient for me?"

God is trying to open our eyes today. In *Joshua*-- if you read the entire Bible--you'll be shocked. If you're not used to violence, you're going to see that there's a whole lot of killing in this book. Sometimes, you might even ask, why did God allow all of this violence to happen?

I'll read some of them to you later on. For now, we've got to ask two questions about the book of *Joshua*.

Two Questions



1. Did genocide happen in *Joshua***?** There was a lot of killing. Let me read to you one example:



Josh 6:21 NLT

They completely destroyed everything in it with their swords-men and women, young and old, cattle, sheep, goats, and donkeys.

Isn't that genocide? Violence happening all around...

Whenever you're reading the Bible, especially

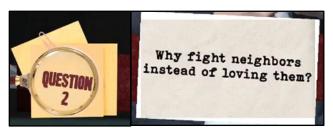
the Old Testament, you cannot read this book using modern lenses.

This is literal in every sense because this is a book that tells you Theology.

Read ancient writing with ancient eyeglasses.

The authors use a technique called hyperbole -- from time to time, they would exaggerate to stress a point.

Here's the second question:



2. Why fight neighbors instead of loving them?

Instead of pushing out the neighbors-- the Canaanites-- shouldn't it have been that the Israelites just loving the Canaanites?

Because that's what Jesus said, right? Love your enemies. Turn the other cheek. Pray for those who persecute you.

Couldn't it have been easier doing God's ways?

The author is trying to make this beautiful point that when it comes to sin, you need to violently eradicate it from your life. You need to destroy evil.

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The Point of Joshua's Story

The story of Joshua is not just about conquering people and invading lands. It's trying to conquer the sin that's in all of us. The darkness that has festered and infected your sick soul. The author is trying to tell us that you cannot rest until evil has been defeated.

I'm not saying that you need to hate your enemies. That's not the message. The message is to hate evil. Evil needs to be destroyed, but the enemy needs to be sayed.

That's what Jesus is all about. He said: "Love your enemies. Pray for those who persecute you."

He said, "Father, forgive them for they do not know what they are doing." Jesus loves every person. I'll prove it to you. Because this is the focal point of the entire story of Joshua. Listen to this. It is going to bless you.

Joshua 5:13-14 says:

Josh 5:13-14 NIV

"Now when Joshua was near Jericho, he looked up and saw a man standing in front of him with a drawn sword in his hand. Joshua went up to him and asked, "Are you for us or for our enemies?"

This man is a representation of God, or could be God Himself.

This man says, "Neither..."

Josh 5:13-14 NIV

"Neither," he replied, "but as commander of the army of the Lord I have now come." Then Joshua fell facedown to the ground in reverence, and asked him, "What message does my Lord have for his servant?"

Joshua asks: "Are you for this side-- for our side?

Or their side-- the enemies' side?"

Sometimes, that's how we treat God: "Lord, bless my side because this is the good side. Don't bless the other side, they're the enemies."

It's not a question of whose side God is on. It was not a battle between the

It's not a question of whether God is on our side. It's a question on how to be on God's side.

Canaanites and the Israelites.

The question is, are you on God's side?

I've got to warn you: To be on God's side, you've got to be on the good side.

But we know that the good side is the hard side-- because it's not easy to do.

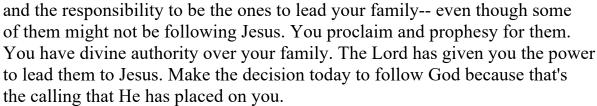
What's Your Choice?

We need the grace of God so we can tell God: "Lord, give me the strength to walk this path. It's a hard path, but it's the right path. It leads to life. It leads to love. It leads to purpose and significance."

We always pray: "Lord, bless my plans." Joshua is giving us that choice of who to worship.

But then he says: "As for me and my house, we will serve the Lord."

The scary part is that God will allow you to choose to worship false gods. Joshua shows us how a real man should do it. Parents, this message is good for you. You have the authority



Joshua is from the Old Testament called *Yeshua*. But did you know that there is another Joshua in the New Testament? He is Jesus. (Jesus' name in Hebrew was *Yeshua* which translates to English as *Joshua*)

Jesus and Joshua have the same name, which means Yahweh saves.

The way that Jesus showed us how He will save us is so good because it's an upside-down Kingdom.

When the Jews were praying for a Messiah, they were somehow expecting that it would be a military general, a commander who would violently eradicate all of the oppression that they were getting from the rulers of that time. They were thinking that this person would destroy evil just like how Joshua and the Israelites destroyed the evil people during their time.

But Jesus showed us a different way of battling with our enemies. Instead of killing them with a sword, He battled them with the Word that gave them life. .



Jesus, played by actor Jonathan Roumie in the film *The Chosen* about the story of Jesus through the eyes of those who knew Him.

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We Need God's Grace

You cannot fight evil with evil. The way that you fight evil is with God's goodness. You kill them with kindness.

When they hurt you, love them back. When they say something negative about you, pray for them. When they persecute you, thank God that this makes you strong because that's the way of Jesus.



When people punished, ridiculed, and killed Him, Jesus said: "Father, forgive them for they do not know what they're doing."

Instead of harming them, Jesus healed them, and he loved them.

I know it's hard to love people like that, but that's why you need the grace of God-- because you cannot do it by yourself. If you rely on your strength and wisdom, you're never going to love like Jesus loves.

We need the grace of God to come over us for us to be able to say: "Lord, change me from within. I can't fight evil on my own, but You overcame evil. With You powering me and my heart and giving me the strength to say no to temptation, I believe that I can do it. Give me your strength. Give me Your resiliency. Give me Your self-control. With You in my life, I can do all things."

You've been fighting evil all your life, but you've come to a pivotal point in your life where you can make a decision forever. Who will you worship? Are you going to worship false gods that are going to consume you and give you crosses that you cannot bear? Or are you going to worship the one true God who will give life to you?

One last story.

I also traveled to Davao a few weeks ago to give a talk at one of their Feasts. I stayed in a hotel. I woke up at 5:00 a.m. I went to the concierge to ask if they had a gym.

He said, "Yes, we have one on the third floor."

I went up. I looked around, but I couldn't see a gym. I walked back and forth until I found a door with this sign: TEMPORARY GYM.

The gym was so tiny. It was one of the rooms of that hotel. But I realized that it's okay to use the gym because I only use a few equipment.

I realized that the Lord was speaking to me at that moment. I said to myself that I'm happy with this temporary gym. Why? Because the next day, I was going home. I was only *temporary* in that place.

Commitment

A lot of us treat life in this world like this is our permanent home, but you need to realize that you're just a temporary pilgrim here. Some of you live like you're going to live forever.

There's a sense of urgency when Joshua says, "Choose today."

Choose today because you're never going to know if you're going to be gone tomorrow or the next minute. So, you need to make a decision right now who you are going to worship.

Are you ready to give your life to Jesus? I want you to pray this prayer with me, and you say it like it's your prayer.

Put your hand over your chest and say:



"Dear Jesus, I am a sinner, and I need a savior. You are that Savior. With Your power, I can overcome sin. I Thank You because You are my Lord. Starting today, I will call You my Redeemer. I will walk with You no matter how hard it is because I know You will be with me. Thank You, Jesus."



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Love Offering

BRO. DIDOY LUBATON:

Everybody, give praise, and shout, and clap offering to the Lord a beautiful Sunday we have here.

I'm going to give you time to choose today who you will serve. Your giving is the reflection of who is your God.

This is why we build church: We want to pass this on to the next generations. Our legacy is not just their academic performance, not just their achievements. Our legacy as the Community, most especially, is that they get to know the Lord, they get to have a deeper relationship with Jesus. Through your giving, we can do this...

In the Name of the father, of the Son and the Holy Spirit.
Lift your hands and say:

Jesus, I give this to You as a sign that it is You who I will serve today and forever.
Thank You for blessing me and help me to continually bless others. In Jesus' Name. Amen.







HOSEA and HALEY: Lord, we offer you this day our songs, dances, and prayer. Teach us to be good, to learn to love and to pray. Amen.

In the Name of the Father, and of the Son, and the Holy Spirit. Amen. Give joyfully to the Lord, Everybody. See you. God bless us. Have a great Sunday.



Thank You!

The Feast Family, now organized as the Feast Mercy Ministries, is a spin-off ministry of the Light of Jesus Family founded by Bro. Bo Sanchez.

Earlier named as Kerygma Family, The Feast Family is a unique online, non-physical, borderless, international community of friends who support each other's personal growth.

Partner beneficiaries of the Feast Mercy Ministries flourish because of your generous support.

Thank you for being with us. We pray that you find your daily source of inspiration from the resources that we send to you. We pray too that you may consider giving to The Feast Mercy Ministries. No gift is too small.

Thank you very much in advance for your gift. Our prayer is that God will continue to reward you as you give.

FOR EXISTING DONORS:

Thank you for the Love. Your monthly donation helps us to continue extending support to our Light of Jesus spin-off organizations, including our partner beneficiaries. Your gift will sustain our operations and, we hope, help us reach out to the persons our Lord has called us to make disciples and give them renewed hope.

Be a Feast Family member. Write or call us. Now.

Email Address: jocelyn@kerygmafamily.com

Website: https://kerygmafamily.com

Our Partner Beneficiaries

Jeremiah 33 Foundation is a shelter for minor girls particularly victims



Grace To Be Born is a halfway home for pregnant women in crisis.





of sexual abuse.

He Cares Mission provides shelter and pastoral care for street children. Pag-asa ng Pamilya Foundation grants scholarships to indigent students.





Jesus Christ Cares for Cancer

provides financial assistance and pastoral care for indigent cancer patients.

The Light of Jesus Pastoral Care Center ministers to those who are emotionally and spiritually wounded.



H.A.I.L. MARY is acronym for Healthcare Assistance for Indigents and Lepers of Mary, adopting the Blessed Mother as the patroness of its mission to eradicate leprosy in Abra within 8–10 years.







The Light of Jesus Disaster Recovery Ministry provides evacuation assistance,

relief goods, financial aid, and other needs of calamity victims.

The Light of Jesus Prison Ministry

brings Jesus to the Correctional Institution for Women to give them hope for a new life of dignity.





Anawim Lay Missions Foundation provides a home for poor elderly who have been abandoned by their family and have nowhere else to go.

CHOOSE HOW YOU WANT TO GIVE

- 1. Donate ONLINE (through credit card) Go to www. kerygmafamily.com and click 'DONATE' box Paypal I US Donations.
- 2. Pick Up from Your House or Office (Metro Manila Only) Cash or Checks Address Checks to Shepherd's Voice Radio and Television Foundation Inc. and call Joy at (+632) 725 -9999 loc 112 or text (+63) 922-828-9890 and we'll pick them up from your home or office.
- 3. Mail 12 Post-Dated Checks to Our Office for US and CANADA: Address Checks to Kerygma Family, 848 Rainbow Blvd # 1937, Las Vegas, NV 89107. For Other Countries/Philippines: Address Check to Shepherd's Voice Radio and Television Foundation Inc. and mail (registered mail) to Shepherd's Voice, 60 Chicago St., Cubao, Quezon City, Philippines 1109.
- 4. Directly Deposit to Our Bank Accounts. Deposit to Shepherd's Voice Account in any branch of these banks:
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Note: Text, Fax, or email us your name, date and amount of deposit, and the branch of the bank where you deposited your donation, or fax the deposit slip to us. Email us at support@kerygmafamily.com or text us at (63) 922-828-9890/ (63) 998-968-4416 or Fax to (+632) 725-1230.



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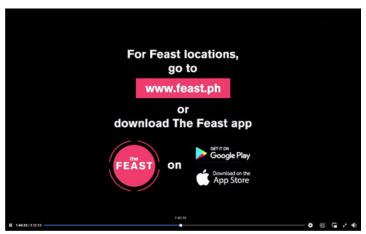
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Go and make disciples of all nations.

— Matthew 28:19