



Thank You! Thank You!

WE said Thank You last week. We say Thank You again today. We say Thank you throughout this month of October as we have this exciting Feast Special Mini-Series for you: *Thanks-Living*

Last Sunday, October 8, 2023, Bro. John Ben Rodriguez tackled Talk 1: *Grateful Living*

Today, October 15, Bro. JC Libiran delivers Talk 2: *Generous Living*. He introduces the talk on *page 2*.

Next Sunday, October 22, Bro. Didoy Lubaton gives us Talk 3: *Greater Living*

And October 29, don't miss Talk 4: *Glorious Living* by Bro. Audee Villaraza.

Again, this exciting Feast Special Mini-Series is our way of saying Thank You, Thank You to the Lord and to you!



May your dreams come true,

Bo Sanchez

Bo Sanchez

The More You Give, The More You Receive



*ARE you a **TAKER** or a **GIVER**?*

In today's society, it seems that "receiving is all that matters" and these are the often-heard comments:

"Get all you can out of life."

"I made mine. If you want yours, go earn it for yourself."

"Only the strong survive."

We live in a world of survival as in *dog eats dog, I'll scratch your back and you scratch mine.*

And most people are tuned in to this favorite radio station WIIFM — which means *"What's in it for me?"*

In contrast with what's happening in the world, the Lord Jesus invites us all to self-denial and sacrifice. He reminds us: *"It is more blessed to give than to receive."*

The Secret to Living is **GIVING**.

Generosity is a way of thinking, feeling, speaking, and giving.

Generosity is a way of living. It is God who rewards us for our generous heart and we know that we can never outgive Him when it comes to His generosity. Our Lord has paid the ultimate price of salvation for all.

Let us choose to be generous with our time, talent, treasure, and testimony—not just once in a while.

Instead, we take the path to generous living as we share, give, and celebrate God's love for the world.

Be Life-giving **TODAY!**

Coach JC Libiran

WELCOME
to our
Feast Special Mini-Series
for October 2023:
Thanks-Living
Talk 2:
Generous Living



Why Say Thank You



SOMETIMES love is unrequited.

True. Fr. Paolo Asprer said so in his homily at The Feast last Sunday, October 8, 2023. He was referring to last Sunday's Gospel about the *Parable of the Tenants*, page 4. A vineyard owner kindly hired tenants. The tenants desired to own the place, so they killed the heir, the son of the owner.

Fr. Paolo said you can expect rejection as a *given* in life. Ouch.

But even so, rejection is also a reason to say Thank You to the Lord. Yes. That's the bold declaration of Bro. Bo Sanchez and Bro. John Ben Rodriguez as they delivered last Sunday's Talk 1: *Grateful Living* of our ongoing Feast Special Mini-Series *Thanks-Living*, pages 20-38.



Yes, love, giving, may be painful. But the secret to living is *Generous Living*. That's Talk 2 of *Thanks-Living* which Bro. Bo presents, page 1. And Bro. JC Libiran (*left*) tackles Talk 2 today. His intro is on page 2.



Love may be unrequited. Nevertheless, we continue to love.

Bro. Audee Villaraza brings to our attention Bro. Tony

Valenzuela (*left*) and a Feast group who, out of love for the Lord, were on a pilgrimage in Jerusalem when the Israel-Palestine war broke out, page 10.

Yes, we love. Just like a pastor shares God's Love in his Living in Victory (LIV) Ministry. Bro. Audee's story about him is on page 12.

And learn more from Sis. Grace Moyan, caregiver in our Anawim Home for Abandoned Elderly. She took a long road, not without pain, to get to Anawim. But hey, her love for our lolos and lolas is well requited with tons of blessings, page 39.

Love. And know that you're loved.



All for God's Glory,

Randy Borromeo
Media Ministry
Executive Director





FLASHBACK! OCTOBER 8, 2023

Holy Mass



TWENTY-SEVENTH SUNDAY IN ORDINARY TIME

Homily

FR. PAOLO ASPRER

on the Gospel: Matthew 21:33-43

The Parable of the Tenants

Excerpts...

Good Morning, Sisters and Brothers in Christ. Peace and blessings to Everyone.

One of the most painful human experiences is rejection-- and the feelings that accompany our experience of rejection. Like what? Pain, shame, humiliation, regret, sadness, grief, that feeling of inadequacy.

Well, as a lover, as a servant, it is given. Love is freely given, freely received, and freely reciprocated. But not all love is reciprocated, isn't it?

Sometimes, love is unrequited.

Ang pagmamahal daw ngayon ay parang pamasaha sa PUV-- kung minsan hindi nasusuklian. Hugot? -- It is said loving is like paying fare in a jeepney-- sometimes, you don't get the change. Right?

As James Ingram said, "I did my best, but I guess my best wasn't good enough."

Every Sin Is Self-rejection

As a prophet, you also can expect rejection as *given*-- when you speak the truth about God, about love.

Expect that sometimes, we will be rejected because truth is not a friend of anyone. Many people see truth as an enemy.

I've been a priest for more than five years, and I'm also ministering to colleges and universities. After Family Day, there's a confession, there's sharing, and I hear both sides.

I would hear the parents telling me, "Father, you know what? I feel so ignored. I feel so overlooked by my children. Parang ang tingin nila sa akin ako ay isang ATM machine, dispenser of cash. Saka lamang nila ako naaalala kapag hihingi sila ng baon.-- It's like they see me as an ATM machine, a dispenser of cash. They remember me only when they ask for their school allowance."

We, the Millennials, the Gen Z today, are so busy growing up that we forget our parents are growing old and becoming in need of our love and attention.

Well, the Millennials, the young people, also would say, "Father, why is it that people whom I love most are the ones who hurt me most deeply?"

That's ironic, isn't it? Those you love are the ones who hurt you. Our loved ones, family, and friends, are our greatest joy-- but ironically, they are also our deepest heartache.

My dear friends, how can we face this feeling or experience of rejection in the light of the Readings this 27th Sunday in Ordinary Time?

Our readings tell us that God does not stop until we say *Yes*, until we bear fruits. God's love is always unconditional, unearned, unmerited, undeserved. The Lord is always waiting for us.

But when we say *No*, does God also say *No*? When we reject God, does God also reject us?

When we sin, it is not only God's love that we reject. Every sin is self-rejection. We tend to think that when we reject the Lord, God will also reject us. No. Because God is Pure Love.

When we sin, it is we who reject God. It is we who reject our true self, our deepest self as we turn our back on Pure Love. So, every sin is not only a rejection of God; it is also self-rejection. We turn our back on our deepest self, on our truest self.



Triple A

My dear friends, three points: A, A, A.

First Letter A: Allow God to journey with us with this feeling of rejection.

So, every time we feel rejected, we feel ignored, overlooked, and perhaps abandoned.

Let's look at the Cross:



For us human beings, when we feel rejected, when we reject people, our love becomes what? Our heart becomes like stone. But for God, every time He is rejected by our sins, He is like a sponge-- His love deepens.

We allow God to journey with us with this feeling of rejection.

Second Letter A: Acknowledge and Accept. Very important:

Time and Perspective.

Time: It's good to step back, and process our emotions, and our experiences. You know, talk to a friend. Perhaps it is not that our love is not enough—but the people in whom we invest our love are not yet ready. Time.

Perspective. Rejection humbles us. Rejection teaches us that we cannot please everyone. Please all, and please none.

This is the image of a rejected God. But here, the Love of God is like a sponge, porous. It simply absorbs all the pain of rejection. But again, with God, His love deepens, His love widens every time we say *No*.





Rejection vs. Promise

Someone who has a pure heart doesn't lose anyone, isn't it? People lose that person with a pure heart. A person who has a pure heart doesn't lose anyone. People lose that person. We say that even at our best-- absolute best-- we will never be good enough for the wrong people. In the same way, even at our absolute worst, we will still be enough with the right people.

A friend told me: "Well, Father, sometimes, a clear rejection is better than a fake promise."

He added that the problem today, many are so dependent on others-- *Paasa*. Right? But sometimes, the problem is not the one too dependent on you.

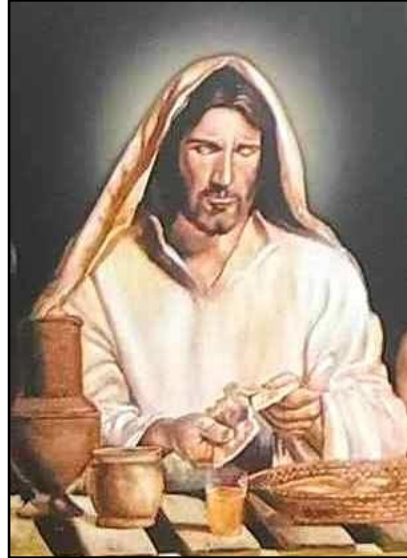
The one to be blamed is the one assuming he can depend on you. Joke:)
A clear rejection is better than a fake promise.

Reading I: Isaiah 5:1-7

¹ I will sing to my beloved the canticle of my paternal cousin, about his vineyard. A vineyard was made for my beloved, at the horn in the son of oil. ² And he fenced it in, and he picked the stones out of it, and he planted it with the best vines, and he built a tower in the middle of it, and he set up a winepress within it. And he expected it to produce grapes, but it produced wild vines. ³ Now then, inhabitants of Jerusalem and men of Judah: judge between me and my vineyard. ⁴ What more should I have done for my vineyard that I did not do for it? Should I not have expected it to produce grapes, though it produced wild vines? ⁵ And now, I will reveal to you what I will do to my vineyard. I will take away its fence, and it will be plundered. I will pull down its wall, and it will be trampled. ⁶ And I will make it desolate. It will not be pruned, and it will not be dug. And briars and thorns will rise up. And I will command the clouds not to rain upon it. ⁷ For the vineyard of the Lord of hosts is the house of Israel. And the man of Judah is his delightful seedling. And I expected that he would do judgment, and behold iniquity, and that he would do justice, and behold an outcry.

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And finally, **Third Letter A: Arise.**
We move forward. We learn our lessons.



Someone who is mature, like our Lord Jesus, His happiness, His fulfillment, does not depend on other people.

That sense of fulfillment comes from within—that inner worth, that inner dignity, that inner acceptance, that inner commitment to be focused on your mission.



Reading II: Philippians 4:6-9

Brothers and sisters:

⁶ Have no anxiety at all, but in everything, by prayer and petition, with thanksgiving, make your requests known to God.

⁷ Then the peace of God that surpasses all understanding will guard your hearts and minds in Christ Jesus.

⁸ Finally, brothers and sisters, whatever is true, whatever is honorable,

whatever is just, whatever is pure, whatever is lovely, whatever is gracious, if there is any excellence and if there is anything worthy of praise, think about these things.

⁹ Keep on doing what you have learned and received and heard and seen in me. Then the God of peace will be with you.

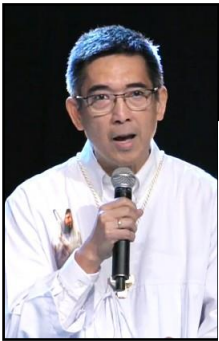


Jesus Moves Forward

That's the Lord. Every time He is being rejected-- in a town, an unrepentant town that does not recognize His love-- He moves forward. He's focused on His mission.

I like so much the advice of my spiritual director when I was a college seminarian: Every time you're sad, you know, you feel sad, you feel ignored, you know, in your Ministry, just always go back to your BAG-- B, A, G.

B – Blessings
A –Accomplishments
or Achievements,
big or small
G – Goals, and God.
Amen.



Responsorial Psalm: Psalms 80:9, 12, 13-14, 15-16, 19-20

R. (Is 5:7a) *The vineyard of the Lord is the house of Israel.*

⁹ *A vine from Egypt you transplanted;
you drove away the nations and planted it.*

¹² *It put forth its foliage to the Sea,
its shoots as far as the River.*

R. *The vineyard of the Lord is the house of Israel.*

¹³ *Why have you broken down its walls,
so that every passer-by plucks its fruit,*

¹⁴ *The boar from the forest lays it waste,
and the beasts of the field feed upon it?*

R. *The vineyard of the Lord is the house of Israel.*

¹⁵ *Once again, O LORD of hosts,
look down from heaven, and see;
take care of this vine,*

¹⁶ *and protect what your right hand has planted
the son of man whom you yourself made strong.*

R. *The vineyard of the Lord is the house of Israel.*

¹⁹ *Then we will no more withdraw from you;
give us new life, and we will call upon your name.*

²⁰ *O LORD, God of hosts, restore us;*

if your face shine upon us, then we shall be saved.

R. *The vineyard of the Lord is the house of Israel.*



BRO. AUDEE VILLARAZA:

Good Morning, Feast Bay Area! May we give the Lord a big hand? Come on. Can you choose one person around you, preferably somebody that you don't know, and then say, "God will bless you today." Amen.

How many of you are happy that you're here? Are you comfortable?

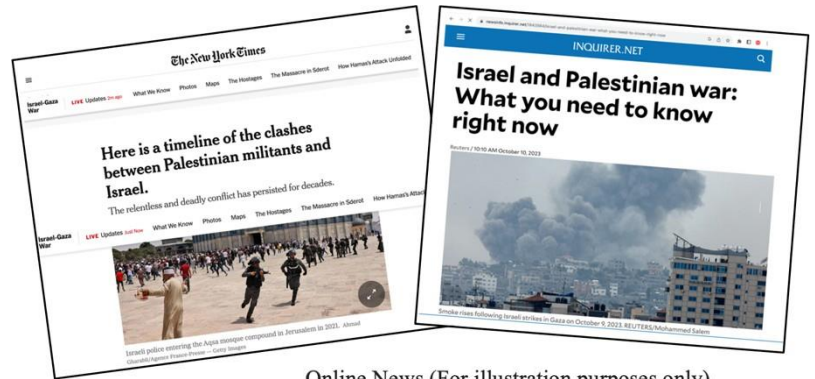
But don't get too comfortable. You know, it's such a happy place to be here at home, back in PICC (Philippine International Convention Center). Are you happier that you're here in PICC than in Aliw Theater?



But you know, the truth is, we're grateful that you're happy wherever you are, and that you continue to follow us wherever we go. And it doesn't matter if we're in Aliw or we're here, or wherever. But we do Church whenever we're together.

Praying for Light

The sad reality is that on the other side of the world, there's a war going on... There's a war between Israel and Palestine—it broke out recently.



Online News (For illustration purposes only)



And we have a Filipino group there. Our very own preacher, Bro. Tony Valenzuela, is with a group on a pilgrimage to the Holy Land, in Jerusalem.

So, we want to pray for them at this moment. We want to pray for all those affected by this war:

We call on you, Heavenly Father. We believe that in this time of darkness, You will always be that Everlasting Light, and Your Light will shine in this broken world.

We pray for all the leaders who make decisions, who are involved in this war, that You touch each one's heart so that they can make the right decisions for their people. We pray for the families that have been affected by this, that have been uprooted because of this senseless war, and we pray that there would be healing and there would be unity. But above all, there would be love amongst people, that Your love will shine the most.

We pray for the group of Bro. Tony and all the Filipinos, and for all the families, Lord, who are affected by this, especially the children who know nothing about violence. We pray that You protect them at all costs. In Jesus' Name. Amen.

We believe the Lord is Sovereign. And you know, the sad truth is that it's good that we're here and I'm not saying that to discourage you or to frighten you, but to encourage you even more to shine the Light of Jesus, to proclaim that even in a dark time of history, there is Light. Amen?

And that's our job: to proclaim the Light of Jesus.



Love Offering



BRO. AUDEE VILLARAZA:

I look around, and I see so many familiar faces. I know that The Feast is a family, right? And we're grateful to be here in PICC. But you all know that being here in PICC is not easy. We made certain decisions for us to come back here.

But I want you to know this: That for me, being one of your leaders, I am in a time of my life, in the season of my life, where my faith in the Lord has become so bold that even being here in this very expensive venue, I know that God will provide for our expenses here. He always does.

But you know, one story that I want to tell you this morning is not my personal story. It's the story of my friend Manny. See, Manny, I knew him when we were in college. He started his own church very recently, and he opened it in a very expensive venue in Ortigas. It's a church called LIV (Live in Victory). If you've ever heard about that, it's a very small family church.



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How Good Is God?

So, I visited his church one time, and then he happened to tell me a story about how they chose the venue. You know how expensive Ortigas can be. It's a premium area.

It's a business district so I asked him, "How can you afford a place such as this?"

He said, "Bro, you will never believe it. One day, my wife and I were praying to the Lord... And I felt the Holy Spirit told me that we would go to a church where we would not pay for anything."

And I was like, "Wow, that's usually coming from the Lord, right?"

So, they looked around, and then they landed in this place in Ortigas that looked really good. It was two floors, and they wanted to rent the ground floor. They asked for the cost of the rent per month. And they were told P300,000.

So, he turned around and he said, "That's not for us-- because the Lord clearly told us that if we're going to find a church, it's going to be in a place where we're not going to pay for anything."

And so, after a month, the broker called him and said, "Pastor, I have good news for you. The place that you're interested in, I talked to the owner, and the owner said from P300,000, he's now going to give it to you for only P200,000."

Wow. But my friend turned around again. He said, "No, that's not for me."

Another month came, and the same broker called him and said, "Pastor, I have great news for you. But before you say no, listen to me. This is an offer that you cannot refuse. The owner of the place, said that he's going to lower again the rental, and now it's no longer P300,000, it's no longer P200,000. Now, it's just P100,000." From 300-- to 200-- to 100--... Imagine the sacrifice.

But before my friend could put the phone down and still say, "*No, the Lord told me that He's going to give us a place for free,*" the broker added: "Because we are with you in your mission, we convinced the owner--to make the rental fee his tithe for your church."

So, in effect, they're now in that place, and they're not paying for anything.

Who was tithing? The very owner of the place! How good is God?





Bold Declaration

I look around here, and I look around this beautiful place, and I know it's not easy to sustain PICC. But it's because of unexpected sources like you -- just like that little boy that nobody even expected to share his snack (bread and fish) but he did.

And the reason we get to do this every week is people like you who give every week to sustain what God is doing in this world...

We have a bold faith that declares that God will always provide. And our dream, let me just declare our dream:

For now, we have only one session here in PICC. But we already boldly declare that before the year ends, we will have two sessions here in PICC.

We declare that in faith. God is going to do that.

VENUES AND SCHEDULES THE FEAST BAY AREA		
OCTOBER 2023	NOVEMBER 2023	DECEMBER 2023
OCT 1  3 Sessions 8 AM, 11 AM, & 2 PM	NOV 5 PICC Plenary Hall 2 Sessions 10 AM & 1:30 PM	DEC 3  3 Sessions 8 AM, 11 AM, & 2 PM
OCT 8 PICC Plenary Hall 2 Sessions 10 AM & 1:30 PM	NOV 12 PICC Reception Hall 2 Sessions 10 AM & 1:30 PM	DEC 10  3 Sessions 8 AM, 11 AM, & 2 PM
OCT 15  3 Sessions 8 AM, 11 AM, & 2 PM	NOV 19 PICC Plenary Hall GRAND FEAST 9 AM - 1 PM	DEC 17 PICC Plenary Hall 2 Sessions 10 AM & 1:30 PM
OCT 22 PICC Plenary Hall 2 Sessions 10 AM & 1:30 PM	NOV 26 	
OCT 29 PICC Plenary Hall 2 Sessions 10 AM & 1:30 PM		

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For the Kingdom

Can you lift up your love offerings, Everybody?

We praise you, Lord, that we get to do this.

We don't have to do this, but we get to do this, and we get to give to Your Kingdom.

Everybody, say this with me:

Dear Jesus, from the bottom of my heart, I thank You for how You've blessed me. My heart is full. This might not be enough, but I believe that in Your hands, You will multiply this and You will use this to expand Your Kingdom. Bless me more so that I can give more. In Jesus' Name. Amen.

Give to the Lord today. God bless.



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Worship!

EXHORTATION



MHADZ PAMAONG:

Good morning, Feast! Happy Sunday!

So, before we come into Worship and Praise, let me just share with you a powerful Scripture from 1 Peter 5:7-10 and I pray that this will bless someone today:

“Cast all your anxiety on Him because He cares for you. Be self-controlled and alert. Your enemy, the devil, prowls around like a roaring lion, looking for someone to devour. Resist him, stand firm in your faith.”

And the God of all grace, who called you to His eternal glory in Christ after you have suffered a little while, will Himself restore you and make you strong, firm, and steadfast. To Him be the power forever and ever. Amen.”

Brothers and Sisters, you may have come into this place fighting some battles, and you're wondering what to do. This is a perfect example for all of us and a perfect reminder that His Presence is a guarantee that we can go through those battles victoriously. Amen!

So, come on, let's stand firm in our faith, push back the enemy, and let's shout, *“Not today!”*

Come on, *Not Today!*
Let's sing this with confidence. Come on, hands up!





BO SANCHEZ:

Father, we have come here not just to listen to the preaching of the Word. We have come here to encounter the Word made Flesh whose Name is Jesus Christ.

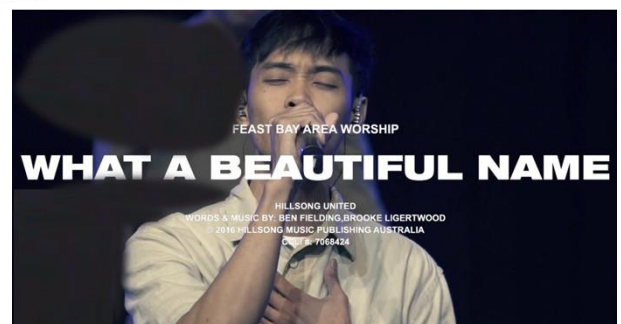
We have come here not to sing a bunch of songs. We have come to encounter the God who gives us voice, and who gives us music, and who gives us every note that we can sing from the top of our lungs, to the top of the mountains.

To sing glory and praise to the One who deserves praise and worship. We have come not out of obligation. Lord God, we have come out of expectation that You're going to move, and You're going to touch, and You're going to heal, and You're going to bless, and You're going to move and walk along the aisles.

You, the God who has come to bless every person here. We have come because of You. You are here and that's the most important thing.

And so, come, the Name above every other name: Jesus!





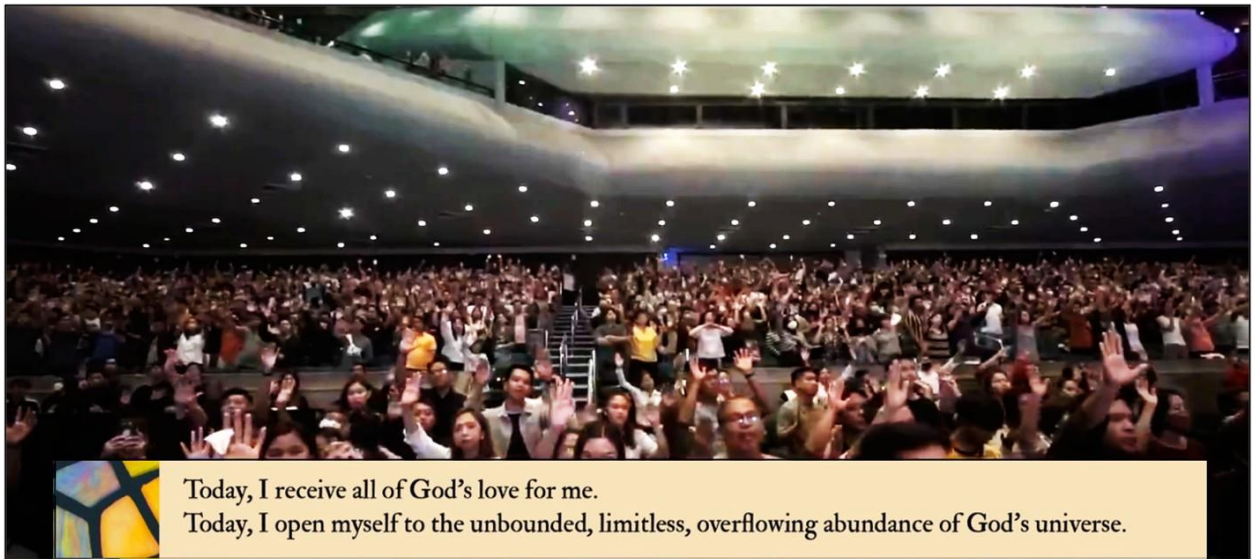
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NOVENA TO GOD'S LOVE **DECLARATION OF ABUNDANCE**

BRO. BO SANCHEZ: I want you to touch somebody beside you. Give a hug or a handshake and tell that person, "God is here."

God is here. The most important to know: This is not an event. This is an encounter with the Living God. Amen.

So good. Let's give the Lord another big hand. Thank You, Father. Thank You for being here.



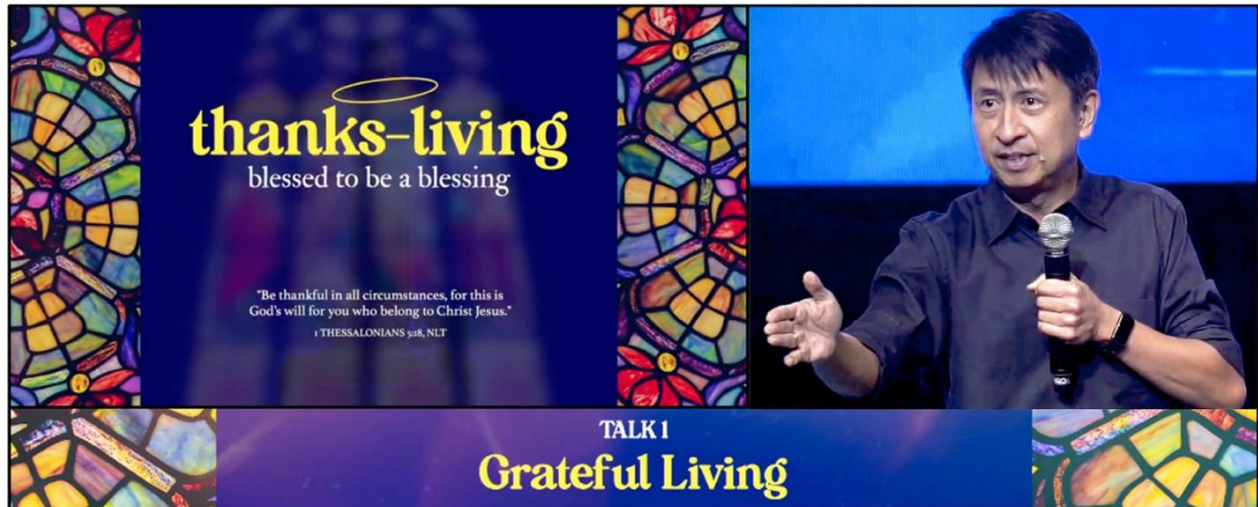
Today, I receive all of God's love for me.
Today, I open myself to the unbounded, limitless, overflowing abundance of God's universe.

Today, I open myself to God's blessings, healing, and miracles.
Today, I open myself to God's Word so I become more like Jesus every day.

Today, I proclaim that I am God's beloved. I am God's servant.
I am God's powerful champion.

And because I am blessed, I am blessing the world.
In Jesus' name. Amen.

Talk



BRO. BO SANCHEZ:

Everybody say this with me: “Change your story.”

I want you to tell somebody beside you, “Change your story.”

Do you know why you're here?

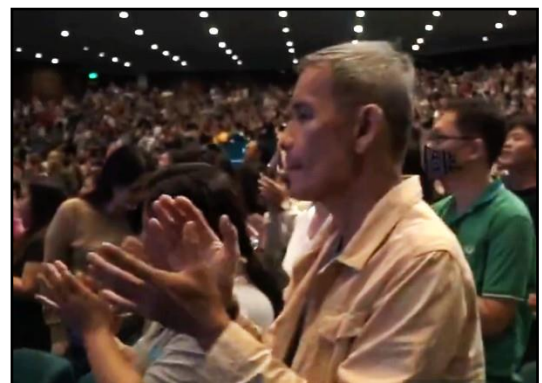
To change your story.

I want you to understand this: When an event happens in your life, that event does not carry meaning. It is you who gives meaning to the event. Storytellers are the ones who give meaning to an event. Put your hand over your chest and say, “I'm a storyteller. I'm a storyteller.”

The reason you're able to live your life is that you tell stories about what's happening in your life. Your stories are the ones that make life coherent, understandable. You make sense out of things.

The problem is this: We make errors when we make stories.

When we tell our stories, we give meaning to our events. And sometimes those meanings are not helpful.





We Tell Stories...

Parents, raise your hand. How many of you lost your temper and shouted at your kids once in your life? I'm sure, maybe more.

And then when we do that, you know, we tell stories about ourselves and our children. The children that we shouted upon, they tell stories about what happened. And you see, what children do is that they go to this one tool that they have.

And the tool is self-blame: "There's something wrong with me. What's wrong with me? Why did my mom, who's supposed to love me, shout at me?"

Then the mother is also blaming herself, saying: "I'm a horrible woman. I'm a horrible mom..."

And so, we tell stories like that.

The reason we come here is so we can change our stories. Because when we meet God, the God who knows everything, and we hear preaching, and we worship, and we go to Mass, and we receive Jesus in Communion, asking, "What happens?"... we get the meaning from God's perspective.

The God who sees everything. The God who sees the past, the present, and the future, He changes the meaning, and He changes your story.

You see, Brothers and Sisters, when you change your story, you change your life. That's the way you change.

And God says to the child, "No, you're not to blame. Mom's having a rough day."

And listen: God speaks to the mother, and God says, "You're not a failure. You failed, but you're not a failure. You're my daughter."

My dear friends, please listen. If you're having a rough time right now...

You know, I came from a pilgrimage, and I rode a plane coming here. There was this baby freaking out, like freaking out, you know? You know when the plane is landing, and the baby's freaking out, you know why, right?

Pain in the ears, right? Very painful. And the baby does not understand what's happening.

The baby is thinking, "I'm going to die." And freaks out.

All the adults, are they freaking out? No. Do they feel the same pain? Probably. But they're not freaking out. Why? Because there's another story in their mind...

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A Brand-New Story

The baby has a story, and the story is, "I'm dying. What's happening to me?"

The adults are telling a different story, and the story is this:

No. 1: It's normal. No. 2: It's temporary. And No.3: It's necessary.

If you want to land this plane, you've got to go through that pain. It's normal. It's temporary. And it's necessary. Because there's a purpose behind it.

If you're going through pain right now and you don't understand what's happening, I'm going to ask you: Grow up. Stop being a baby. Stop freaking out. Because that pain that you're going through, it's normal.

And No. 2: It's temporary. You're not going to die.

And here's No.3: It's necessary. Because God, He's going to tell you a new meaning to that story.

He's telling you: "That pain has a purpose. It's going to bless you. It's going to make you better. But you need to trust Me. And you need to follow Me. And you need to obey Me. And you need to give your life to Me."

But this is the story, the real story...

We're making a decision right now. Do I hear a loud *Amen*?

You come here every week. Why? Because you want to change your stories according to God's perspective. That's why. Because that's how we change our life.

We've come to worship God-- but does God really need our worship?

We *need* to be here.

Because if I'm left to my own devices, I'm going to be telling wrong stories: That I'm a failure, that I'm giving up, that this is the end of it all.

No. We're hearing a brand-new story from God. We're going to start a brand-new series today. We're going to talk about *Gratitude*.

Gratitude is really the story *from* God. God is going to give you His perspective. He's going to give you the meaning of the different events that are happening in your life.

The plane is landing, folks. You're going to go through some necessary pain. You have to. So that you can land and arrive at the destination that God wants for your life.





BRO. JOHN BEN RODRIGUEZ:

I was so touched by that message. May we raise our hands to the Word of God:

*Thy Word is a Lamp unto my feet
And a Light unto my path.*

We'll be reading a verse from Thessalonians. St. Paul wrote this letter to them, giving this specific instruction. "Be thankful in all circumstances, for this is God's will for you who belong to Christ Jesus."

1 Thessalonians 5:18 NLT

"Be thankful in all circumstances, for this is God's will for you who belong to Christ Jesus."

Do you know that gratitude is connected to changing your story? Amen.

It's the last quarter of the year. May I do a quick survey? Who among you here is having a great year so far? Can you smile? Who among you here are reaching targets? Who among you here have found the *one* for them? Who among you are reaching their financial goals this year? You want to know St. Paul's recommendation? *Be grateful*. Amen.

Let's look at the other side of things. Who among you here are not having a so-good of a year? The targets are not being reached. The relationship still needs reconciliation-- you are still not on speaking terms.

You want to hear a recommendation from St. Paul? *Be grateful*.

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Two Paths

The path of gratitude or the path of grumbling.

I love it that St. Paul is teaching here *to be grateful in all circumstances* – no ifs, no buts, no conditions. *Be grateful.*

You want to know why? Because we need to learn to be grateful regardless of what's happening in our life. That is the path that will open to us the blessings of God.

Because if you don't do that, you will lead to the path of grumbling.

There are only two paths that you go to in life.

One is the path of grumbling, and one is the path of gratitude. So, will you be grateful for what you have now? Can you look at the person beside you? Will you be grateful about that person? Or will you grumble because that person prepared so long today and you're late? Or, you had that hard time at the parking.

So, look at your life now. Will you grumble or will you be grateful? St. Paul advises us to be grateful.



Human beings are creatures of habit.

Do you know that human beings are creatures of habit? Yes. Do you know that the person beside you has already a predetermined response for a given situation in that person's life?

For example: Put that person (especially if that's your spouse) beside you in a stressful situation. More or less, you could already identify the response of that person. So, human beings are creatures of habit.

A classic example is this: I know of someone who, if that person gets stressed, that person automatically wants to eat out. And that person already knows the set of restaurants to go to. Or if that person is craving for ramen, chicken, or Chinese food: "I know the restaurant. I know which restaurant."

And not just that. They know the specific type of restaurant and they want it at a certain place or a certain mall. Because you know what?

You already know where you will sit. You already know the waiter who will serve you, you already know what you will order. You already know the taste of the food, how it will relieve you from stress.

And what forces us to behave that way? *Habits.*





How To Change Habits

Who among you here has a habit of exercising? I'm sure for some people, at the start, exercise is hard. You will push yourself to do it. But believe me, a time will come when you're already used to it. When your body is used to exercise already, your body starts craving for it -- because it's a habit already. So, if you don't do any exercise, you will feel like something's lacking.

I need to do exercise because it's a habit already. And why are we talking about habits today?

Because in this series, we want to teach you good habits. Because we know also that habits can work either for your good or for your harm. So, you have to choose.

So, I love it that St. Paul was saying that you have to be grateful regardless of the circumstances-- because he is telling you that gratitude must be a habit. So, regardless of your situation, you must thank God for it, for what's happening. Because if you don't do it, you might default to the other thing – it's grumbling.

How do you change a bad habit? By doing a good habit instead. So, gratitude is your good habit to battle your grumbling. For us to properly identify grumbling, so that we could properly address them-- here are two forms of grumbling...

TWO FORMS OF GRUMBLING



Complaining

1. Complaining. One time, a man was eating in a fine dining restaurant. When he was done eating, he asked for a toothpick.

He asked the waiter, "Waiter, can you give me a toothpick?"

So, the waiter comes in, brings a toothpick in a nice bottle with gold embellishments.

The moment the man used the toothpick, it broke. It got him angry.

So, he called the waiter: "Waiter, come here. I hate your toothpick. It's of low quality. This is a fine dining restaurant. Why did it break so easily?"

The waiter politely and apologetically answered, "Sir, I beg to disagree. This toothpick is actually of supreme quality."

The man asked: "And why is that?"

The waiter said, "Sir, of all the customers that had used this toothpick, you're the only one who broke it."

What We Don't See

Complaining is dangerous -- because complaining prevents you from seeing your blessings.

The man was already blessed-- eating at a fine dining restaurant-- yet he chose to complain about one simple thing.

Because, by default, we notice what's wrong, what's lacking, what's missing— and what's good, favorable, must be a given. And that's okay. But you have to put in the lens of gratitude to see that sometimes, complaining prevents you from seeing the blessing



Complaining prevents you from seeing your **blessings**.



Comparing

2. Comparing. The next form of grumbling is this: comparing.

You know what? It's human nature. I do that at times. Do you do that? That you look at your peers, you look at your classmates from high school. Where they are now? Where are they living? What are the cars they're driving? What are the brands that they are supporting?

And then you sort of compare yourself with them, and then you see, “Oh, we're at the same level, so I'm doing fine.”

Comparing is not bad per se. But the danger lies when you get your worth and security in knowing that you're at par with other people around you.

Because right now, the real challenge is social media. Have you noticed? It's difficult -- because, back then, the only people you could compare yourself with are either your colleagues or neighbors and the people close by. Now, because you have social media, you see your kindergarten classmate and your elementary classmate, and you see that classmate driving a better car than yours, and you are saying, “Pinapakopya ko lang sila dati. — I used to just allow them to copy my test answers.”

You compare, and then you feel sad immediately. It's difficult.

Kill Joy

I remember one time there was this husband and wife.

The wife said, “Oh, look, oh, our friends, they're going to Norway. They're visiting and checking out the Northern Lights.”

“Honey, do not worry, I have a plan,” the husband said. “We will go to the mall, and we will check out the Christmas lights.”

And there's nothing wrong with that. Amen?

I believe that if comparing has been a path for you, it has been a habit for you, it prevents you from appreciating your own unique journey.

Single people... Who are single here? I remember when I was still courting my wife, we went to a place, and she pointed out a fine dining restaurant.

My heart thumped, I said: “Doon ba tayo kakain? Wala akong budget. — Are we eating there? I don't have the budget.”

She just told me, “Oh, do you know that one time, I had a suitor who brought me there?”

“Oh, wow. So, that's really expensive,” I said.

That suitor actually owns STI (Systems Technology Institute). If you know STI, that's a chain of college schools. So, there I was. Napalunok na lang ako, guys. — I just swallowed the lump in my throat. Never once did I have an STI college my life. UTI—urinary tract infection-- I had. I even drank antibiotics for it.

But immediately, my joy on that date night disappeared because I became insecure, because I started comparing myself with that suitor. She did not intend to say it for me to compare-- but that comparing habit has destroyed my happiness and gratitude that night.

Hold the hand of the person beside you. Grip it tight and tell that person: “Stop comparing. Stop comparing. Stop. Stop complaining.” Amen.



Treat for Grateful Living

So, today, to change that habit, we will give you a treat for grateful living.

And I want to start with this verse from Philippians 4:6: “Do not be anxious about anything, but in every situation, by prayer and petition with thanksgiving, present your requests to God.”

I love it that Paul repeats it to a different set of people-- the people in Philippi. Earlier, we read that his message was for the people in Thessalonica. But I guess he reiterates the same message. That it must be a habit for you to be in thanksgiving:



Philippians 4:6 NIV

“Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.”

THREE TIPS:

1) Be grateful for what has been.

1. Be grateful for what has been. It means, be grateful for your past.

I love King David as he says in Psalm 103:2:

Psalm 103:2 NLT

“Let all that I am praise the Lord; May I never forget the good things he does for me.”

I love David because David is one of the most transparent persons in the Bible. You can read it in the Psalms. If he's angry, you can see him praying angrily. If he's frustrated, you can see him communicating with God that way. And I guess it's an invitation for us to level up our conversations with God in that way.

But I specifically love the verses in Psalm 103 because they talk about how grateful he is for his past: *“Lord, thank you because when I was young, you have set me apart. You taught me to defeat lions so that now I could defeat greater enemies.”*



What To Change

Why am I sharing this to you? Because a lot of people are caught up with the past. They have regrets-- not just the things they did--but also some things their parents did. They have regrets about those.

Some people would say, “I wish my parents had this. I wish my parents bought this. I wish we lived here. I wish they sent me to this school. I wanted that school. They did not allow me.”

And for some, it's taking away your joy if you keep grumbling about the past.

The past is past. Let it go. Because here's the reality: you cannot change your past anymore.

But like Bro. Bo was saying earlier, you can change the way you are looking at it. You can change the way you're looking at your past.



Reality:

Your past can't be changed anymore. But you can change the way you look at it.

I want you to examine your past now. Are you looking at it negatively?
Are you blaming your past?

This week, my wife and I were jogging, and then we came across a building, and I suddenly remembered...

I told my wife, “Oh, my mom used to work in that building as a research assistant. She would go there 8 to 5.”

And I remember during summer vacations, I would help her. We would leave the house around 5:00 a.m. We brought two *bayongs* because those *bayongs* contained rice and viand—in Tagalog, ulam at kanin. Because we had to peddle those to the other employees in the other buildings before she goes to work.

And all of those memories started flashing back in...



What's Important

You know how memory works? Sometimes, when you see a place, all the memories connected to the place suddenly rush down.

And as I was recalling those memories, and I was telling, retelling the story to my wife, I was thanking God: “Oh, my! My mother did everything that she could when she was in her prime to provide for me!”

And why is that important? Because you know what? Sometimes, I grumble when I compute my expenses-- because I'm a provider and a breadwinner for my Mom.

So, I tell myself: “Sayang, kung hindi ako nag-poprovide sa nanay ko, baka dalawa na yung condo ko ngayon.

Baka nakabili na ako ng ganito. Pag binigay ko to, sayang laptop din ito. — What a waste... If I were not providing for my mom, perhaps I already have two condos...I have bought this...I can't give her this money, it's for my laptop...”

But now, in changing the perspective of seeing the past, I realize, “Wow, sayang kasi hindi nagkaroon ng financial literacy yung nanay ko. — Too bad, my Mom did not have financial literacy...”

But now, looking at it, wow thanks be to God!

And that was the setup. My Mom did everything that she could. I know that had she had a chance to work on her finances back then, we would not be this way. But now I'm thankful because this situation was set up by God so that I could be conscious about my own finances-- so that I can provide for her while providing for my family as well.

That's changing the viewpoint of your past in the lens of gratitude. Change your past by changing the way you look at it. Amen.

Our Season Today

Second tip is this: **Be grateful for what is.**

You know what this is. It talks about the present.



2) Be grateful for what is.

I love the verse from Ecclesiastes 3:1-8:

Ecclesiastes 3:1-8 NLT



For everything there is a season, a time for every activity under heaven.
A time to be born and a time to die. A time to plant and a time to harvest.
A time to kill and a time to heal. A time to tear down and a time to build up.
A time to cry and a time to laugh.
A time to grieve and a time to dance.

A time to scatter stones and a time to gather stones.
A time to embrace and a time to turn away.
A time to search and a time to quit searching.

A time to keep and a time to throw away.
A time to tear and a time to mend.
A time to be quiet and a time to speak.

A time to love and a time to hate.
A time for war and a time for peace.



There is a time for everything. And I think the reality is this:
Sometimes, it's not that your life is not blessed. It's just that sometimes
you are not aware of the current season where you are in.



Reality:
It's not that your life is not blessed, sometimes you are just not aware of the current season where you are in.

Is that speaking a message to you now?



Thank You for the Present

My wife and I, we love exercise.

I remember, we had more exercise-dates than eating-out dates. Back then, when we were still single or newly married, we didn't have a child yet, our usual exercise routine was four- to five- times a week, one to two hours exercise, either going to the gym or jogging.

But when our baby came and the Pandemic came, it was all taken away. And suddenly, when that was taken away-- a very good habit—

we noticed that there's a problem with our laundry-- because our clothes were shrinking. :)

It was difficult for us at first because we missed that routine in the past. But later on, towards that journey of saying *Thank You to God*-- because we knew that taking care of our child is time well spent also-- we discovered that it was a season that we could not go back to because we are now at a different season in our life.

So, instead of complaining, we started thanking God: “Thank You, Lord. Thank You, Lord, that we have this time.”

And you know what? We discovered ways how to do our exercise still. My wife takes a 20-minute walk from our house to get to the MRT (Mass Rapid Transit) station. So, every day, she gets to walk.

And she shows me her phone: “Look: I have 7,000 steps today. Look: I have 13,000 steps because I went to Landmark and bought this...”

So, it's like that.

And I did what Bro. Bo is doing right now: push-ups anytime, anywhere—on demand. *Shakira* (Columbian singer) style. You want to know why it's *Shakira*? It's *Whenever, Wherever* (title of her hit single), you know?

So, I do those pull-ups. When my child is at the playground, I see the monkey bars. I do a pull-up. I do. I started with just one or two. Now I can do 3 sets of 8 because I've appreciated our current season and time.

Be grateful for what it is, *for what is*. Because it's the present. Be grateful always for your present situation.

Another Story...

You know, for preachers like us, Monday is our day off. So, we usually schedule all of our errands on a Monday. So, the laundry happens on a Monday. The wet market trip happens on a Monday. The grocery trip happens on a Monday.

So, just last week, Monday night, all of those errands were done. We went to the lobby of our condo-- only to find out that four elevators, all four of the elevators, were not working. Imagine the fury and the chaos inside. Imagine the poor little receptionist taking in everything.

So, instead of grumbling, instead of complaining, I told my wife, "Let me check the situation."

I went to the receptionist and asked her, "Do you think, Miss, this will be fixed within 3 to 4 hours?"

"Sir, it's unlikely," she said, "because they have to call the elevator supplier still by office hours tomorrow. So, the fastest time may be lunchtime tomorrow."

So, I was like, "Oh, okay. We know what to do."

I went to my wife and told her: "What do we do? Basically, I have to go up 26 floors... Because we have to bring up the grocery and everything."

And I said, "Thank You, Lord, for the present. This is exercise."

I was grumbling about exercise earlier. Now, God's giving me exercise.

"Okay, I will take it."

Then my wife told me, "Do you know what? We have a travel envelope. We haven't used anything yet, because Pandemic, we weren't able to travel. So, let's book a hotel tonight."

"Oh, we could do that?"

"Yes!"

"So, yeah, let's book a hotel."

So, there I was thanking the Lord: "Yes, Lord, thank You. I have exercise going up and going down, and we will have an instant vacation because the elevator broke down."



A Present from God

You know what? To add icing on the cake, I was already going up the stairs.

By the time I reached the eighth floor, I was so tired...

And beside me was a muscular guy, Caucasian.

I told him, "Dude, good exercise."

Fist bump!

Yeah, fist bump. Because the dude was, like me, also carrying something. He was carrying a sack of rice. How many kilograms? Not one, not two, not five—but 10 kilograms.

So, I said, "Good exercise, Bro."

And I asked him, "What floor are you going up to?"

"40th floor."

And immediately, I started thanking God: "Thank You, Lord. Our unit is just on the 26th floor."

So, we proceeded to our a mini-vacation. And then, later, after we checked out of the hotel, when we returned to the condominium, the elevator was fixed already.

Be grateful for *what is*.



It's called the present because it's a *present* from God.

Unless you change the way you view the present, you'll never appreciate what's from the past and from the future. Amen.

Whatever Will Be...

3) Be grateful for what will be.

Third tip is this: **Be grateful for what will be.**

Ah, some people are caught in their worries:

“What about tomorrow?”

I think after every time you work hard, you must surrender and be grateful to God -- even if the future is uncertain.

I always hold on to this verse--Jeremiah 29:11:
“For I know the plans I have for you,' says the Lord. They are plans for good and not for disaster, to give you a future and a hope.”



Jeremiah 29:11 NISV

“For I know the plans I have for you,” says the Lord. “They are plans for good and not for disaster, to give you a future and a hope.”

So, is it your waiting season right now, Brothers and Sisters? Are you waiting for a promotion? Probably you're praying for a child, a financial breakthrough, a restoration of a relationship.

God is telling you today: “Don't worry. Be grateful for what is to come.”

Can you put your hands on your heart and say this with me: *“Thank You, Lord, because you have planned ahead. I know my future will be great because it's in Your hands. Amen.”*

Bonus tip:
Be grateful for what won't be.

I remember a time, about 15 years ago, I brought my nephew to the house of my Dad-- his Lolo. And it was an unannounced visit.

So, my Dad was surprised and told my nephew: “I'm so sorry, apo. Naku, hindi ko man lang alam na dadating ka. Wala man lang akong naihandang regalo.— I didn't know you were coming. I have not prepared a gift for you...”

You know what my nephew answered?

He said, “Okay lang po Lolo, kahit wala akong gift. Ang mahalaga meron akong Lolo. — It's okay, Grandpa. It's okay to have no gift. What's important is I have a Grandpa.”

The Truth


That day, a little boy changed my perspective.

Sometimes, we yearn for things and we expect a gift from God because we are confident, He will give it to us. But what if God doesn't give that gift? Will you choose what's more important?

I love it that we get to preach the truth here in The Feast. And today, I'll preach a certain truth that I want to sink in your heart today.

Because the reality is this: There are blessings that you want that you will never receive in your lifetime.




 Reality:
There are blessings that you want that you will not receive in your lifetime.
There are things that you desire that are not meant for you.

That's true. There are things that you desire that are not meant for you. If that happens, what will you do? Will you grumble? Will you complain? Will you compare?

Or will you start telling God, “Lord, thank You. Thank You still.

I love it that when you look at Matthew, even Jesus was not exempt from that dilemma. Because He was to be crucified the next day. He was already contemplating and praying to God. I think He was already seeing how excruciating and painful it would be.

So, Matthew 26:39 says: “He went on a little farther and bowed with his face to the ground, praying, ‘My Father, if it is possible, let this cup of suffering be taken away from me. Yet I want your will be done, not mine.’”

Matthew 26:39 NLT
 “He went on a little farther and bowed with his face to the ground, praying, ‘My Father! If it is possible, let this cup of suffering be taken away from me. Yet I want your will to be done, not mine.’”



The greatest form of gratitude is surrender.

The greatest form of gratitude is surrender.

You surrender -- not because you're defeated. But you surrender to the greater power that will lead you to victory in your life. Amen.

I want you to think about every blessing that you have in your life now, every person that you have in your life now. Thank God for these.

And also, truthfully thank God today: "Lord, thank You for everything that I don't have. Lord, thank you for the prayers that You have not answered."

You may not understand now, but I want to implant this truth to you today: One day, you will thank God for the prayers He has not answered. Because He knows best.

So, in the end, in every circumstance, be grateful.

Let's now worship God. In the Name of the Father, the Son, the Holy Spirit Amen.

We come to You today, Lord, in worship, in gratitude. Thank You for Your goodness, oh Lord. Thank You for Your love.





MERCY MINISTRIES

*God blesses those who are merciful,
for they will be shown mercy.*

--Matthew 5:7

ANAWIM YEAR 28 PART 3

Long Road to Blessings

By MA. GRACE R. MOYAN

I AM BLESSED to be celebrating Anawim Year 28 as among the caregivers of this happy place.

I took a long and winding road toward Anawim. But I can well say every step of the way, God has been with me.

I was born July 5, 1981 in Albay. I went to San Fernando Elementary School, Sto. Domingo, Albay, graduating in 1990-1991. Then to the San Fernando National High School, 1996-1997.

I went to the Computer Communication Development Institute (CCDI) to study Computer Secretarial-- for just one semester.

Because I decided to enter the convent.



Road to Vocation Discernment

Yes, I became a member of the Missionary Sisters of the Society of Our Lady of the Most Holy Trinity (SOLT) in Sorsogon-- as vocation servant of the Society.

I'd been simply happy in the convent. I loved it there as I learned so much in the Missionary. So, it did not occur to me that I could have a *life* outside the convent.

I thought I'd just stay in my assigned mission—the Vocation Discernment Ministry. So, I'd been going to schools and parishes for this mission, inspiring, especially the youth, on what direction God intends for their life.

Then, the unexpected happened.

I struggled through the trials of my life as a missionary—that, ironically, I also needed Vocation Discernment. I myself needed to discern if this was really the vocation God wanted for me.

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Road to a Different, Not-so-Happy Life

Through long, fervent prayer and deep meditation, I came to this point – a decision not to renew my final vows. I then sought the blessing of my elders for me to leave the Congregation, which by God’s grace, I kindly received.

Life outside the convent is not without struggles, either. But I feel strong as I know even as I left the convent, God is with me, and He has another mission for me.

Even so, I had to make some adjustments. Like the environment. It’s so quiet in the convent. So, I had to get used again with the noise outside.

Like living with my family as I had not been with them for a long while.

Like my new schedules which are not as orderly as the strict programs in the convent.

At first, I was groping for direction in this new life. I knew I had to find a job to be able to fend for myself and my family. It was difficult to find a job as I actually did not have any experience at all in being an employee.

What could you expect—I entered the convent when I was 17 years old and when I got out, I was already 29—which in the corporate world is close to being overage for employment.

Still, I tried and tried looking for work, holding on to my faith that the Lord would not abandon me. And true enough, by His grace, I found a post as bar coder in a company.

I stayed in this firm for a while, enjoying the company of my officemates even up to joining their Saturday-night gigs. Until I came to my senses-- that I should not waste this blessing God has given me.

I concentrated on my job and I flourished in this company, especially because I did receive a good enough salary.

Still, even with such a stable, lucrative job, somehow, I felt something was lacking in my life.

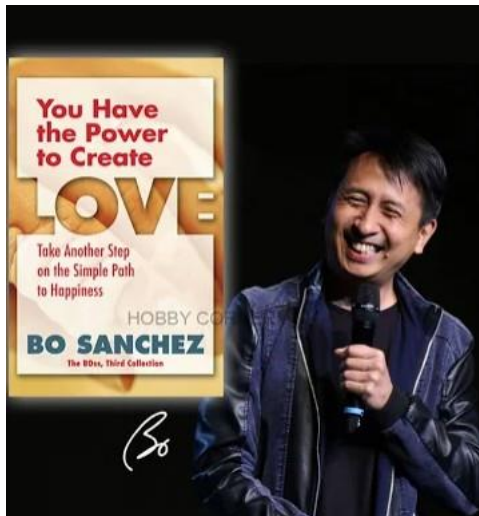
I was like, “Why don’t I still feel happy?”



Road to Creating Love

I then thought, I would feel better if I had something else to focus on.
Like working abroad.

At the time, one easy way to snag a job abroad was as a caregiver. So, I enrolled in a Caregiving course under the Alternative Learning System (ALS), a program of the Department of Education to provide skills training for those unable to attend classroom instructions.

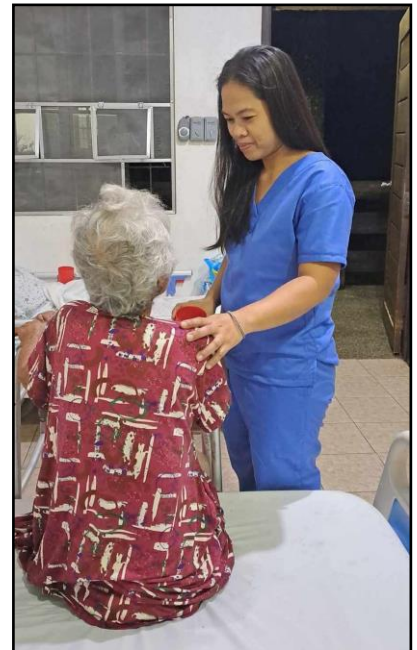


Again, by Divine Design, through ALS, I happened to read a book by Bro. Bo Sanchez, titled *You Have the Power to Create Love*.

And what's a good way to create love? Serve others-- especially those in need. From there, I came to the Anawim Home for Abandoned Elderly through Bro. Ben and Sis. Babes Zambrano, spiritual advisers in Anawim. And it took only a few more steps for me to be employed as caregiver in Anawim.

As Anawim caregiver, I am blessed with these responsibilities:

- Performing morning and evening care for the elderly.
- Assisting in administering medicines-- oral, topical-- and suppositories.
- Accompanying patients to the hospital for check-up, treatment or confinement.
- Ensuring that the elderly have proper diet and eat on time, and always exercise.
- Maintaining the proper hygiene and well-being of the elderly.
- Monitoring custody of elderly supplies as well as those residential equipment, furniture and fixture assigned to me.
- Helping the elderly house caretaker in maintaining the cleanliness and orderliness of the elderly houses
- Participating in actual teaching demonstration and supervision of the student trainees.



Road to a Great Blessing



In Anawim, a great a blessing is I found out about the Light of Jesus Family, and eventually about The Feast. We actually have the Feast Light Anawim—called *Light* because it's a mini-version of the Light of Jesus Feast.



And we are well blessed with the support of LOJ leaders, *from left:* Bro. Hermie Morelos, chairman of the LOJ Mercy Ministries and the Anawim Board of Trustees, as our Feast builder; and preachers Bro. Eng Si and Bro. Obet Cabrillas.

Top, that's me enjoying a photo-op at The Feast.

I am forever grateful to the Lord for Anawim and the Light of Jesus Feast where I've received tons of blessings.

First, practical living such as taking good care of my finances, investing in business and insurance. I invested in the Pag-IBIG Fund and of late, my application for a housing loan was approved.

Road to Family

A priceless blessing is my family. I met Richard Moyan in Sorsogon when I was in my first year at the SOLT Convent. Richard was serving as sacristan mayor (lay church officer) at the Holy Cross Parish, Putiao, Pilar, Sorsogon, the parish church of our Convent. We just got acquainted at the parish church, became friends, but had no idea at all that it would lead to something serious.

When I got out of the Convent, we met again in Manila. A priest Richard served was assigned in Manila, at the Holy Cross Parish Church in Caloocan, and the priest brought him along. This church was also connected with the SOLT Convent. It happened that at the time, I was living with my sister in Novaliches, right next to Caloocan. One day, I visited SOLT, attended Mass at Holy Cross Parish, and, would you believe, Richard was right there serving in the Mass.

That second meeting eventually led to our wedding. We actually got married in the Anawim Chapel with my Spiritual Director way back my religious life during my Convent days, Rev. Fr. Stephen Loria, SOLT, as presiding over our wedding rites.

It was truly a joyous occasion as my co-Missionary nuns were there attending my wedding!

Here's now my family, from left: hubby Richard Moyan; daughter Francesca Marie; yours truly; and son Jotham Grae.



Road to Healing

Over and above everything else, I am grateful for the peace of mind this vocation has gifted me. Whatever my decision, the choices I've made, God has been with me all the way, fulfilling the promise in my favorite Bible verse, 1 Corinthians 13: 4-8: *⁴ Love is patient and kind. Love is not jealous or boastful or proud ⁵ or rude. It does not demand its own way. It is not irritable, and it keeps no record of being wronged. ⁶ It does not rejoice about injustice but rejoices whenever the truth wins out. ⁷ Love never gives up, never loses faith, is always hopeful, and endures through every circumstance. ⁸ Prophecy and speaking in unknown languages^[a] and special knowledge will become useless. But love will last forever!*

I've had my ailments—physical, emotional, spiritual. But what Bro. Bo said is true: Anawim is a place of healing.

*--As told to Arsenia D. Binohhi,
Anawim Center Administrator*



Thank You!

The Feast Family, now organized as the Feast Mercy Ministries, is a spin-off ministry of the Light of Jesus Family founded by Bro. Bo Sanchez. Earlier named as Kerygma Family, The Feast Family is a unique online, non-physical, borderless, international community of friends who support each other's personal growth.

Partner beneficiaries of the Feast Mercy Ministries flourish because of your generous support.

Thank you for being with us. We pray that you find your daily source of inspiration from the resources that we send to you. We pray too that you may consider giving to The Feast Mercy Ministries. No gift is too small.

Thank you very much in advance for your gift. Our prayer is that God will continue to reward you as you give.

FOR EXISTING DONORS:

Thank you for the Love. Your monthly donation helps us continue extending support to our Light of Jesus spin-off organizations, including our partner beneficiaries. Your gift will sustain our operations and, we hope, help us reach out to the persons our Lord has called us to make disciples and give them renewed hope.

Be a Feast Family member. Write or call us. Now.

Email Address: jocelyn@kerygmfamily.com

Website: <https://kerygmfamily.com> Telephone Numbers: 8725-9999/
Fax 725-1230

Our Partner Beneficiaries

Jeremiah 33 Foundation
is a shelter for minor girls particularly victims of sexual abuse.



Grace To Be Born
is a halfway home for pregnant women in crisis.



He Cares Mission
provides shelter and pastoral care for street children.

Pag-asa ng Pamilya Foundation
grants scholarships to indigent students.



Jesus Christ Cares for Cancer
provides financial assistance and pastoral care for indigent cancer patients.

The Light of Jesus Pastoral Care Center
ministers to those who are emotionally and spiritually wounded.



H.A.I.L. MARY is acronym for Healthcare Assistance for Indigents and Lepers of Mary, adopting the Blessed Mother as the patroness of its mission to eradicate leprosy in Abra within 8–10 years.



The Light of Jesus Disaster Recovery Ministry
provides evacuation assistance, relief goods, financial aid, and other needs of calamity victims.

The Light of Jesus Prison Ministry
brings Jesus to the Correctional Institution for Women to give them hope for a new life of dignity.



Anawim Lay Missions Foundation provides a home for poor elderly who have been abandoned by their family and have nowhere else to go.

CHOOSE HOW YOU WANT TO GIVE

1. Donate ONLINE (through credit card) Go to www.kerygmfamily.com and click 'DONATE' box Paypal I US Donations.

2. Pick Up from Your House or Office (Metro Manila Only) Cash or Checks Address Checks to Shepherd's Voice Radio and Television Foundation Inc. and call Joy at (+632) 725 -9999 loc 112 or text (+63) 922-828-9890 and we'll pick them up from your home or office.

3. Mail 12 Post-Dated Checks to Our Office for US and CANADA: Address Checks to Kerygma Family, 848 Rainbow Blvd # 1937, Las Vegas, NV 89107. For Other Countries/Philippines: Address Check to Shepherd's Voice Radio and Television Foundation Inc. and mail (registered mail) to Shepherd's Voice, 60 Chicago St., Cubao, Quezon City, Philippines 1109

4. Directly Deposit to Our Bank Accounts. Deposit to Shepherd's Voice Account in any branch of these banks:

Account name: Shepherd's Voice Radio and Television Foundation Inc.

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Branch Banco de Oro - Savings Account no. 000160506123 SM Cubao Branch

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Metrobank-Savings Account no. 265-3-26509112-2 e Rodriguez Branch

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Note: Text, Fax, or email us your name, date and amount of deposit, and the branch of the bank where you deposited your donation, or fax the deposit slip to us.

Email us at support@kerygmfamily.com or text us at (63) 922-828-9890/ (63) 998-968-4416 or Fax to (+632) 725-1230



FAMILY ONLINE NEWSMAGAZINE

***The Feast Family* online newsmagazine is produced
by the Shepherd's Voice Radio and Television Foundation,
which is also our partner beneficiary, with editorial services
by the Light of Jesus Family Library Ministry.**

Founder: Bo Sanchez

Mercy Ministries Chairman
Hermie Morelos

Editor-in-Chief
Cynthia U. Santiago

Chief Photographer
Edmundo L. Santiago

**Feast International
Region Head**
Vic Español

Reporter-Writer
Cybill P. Bayto

Multimedia Staff
Ronaldo Antonio U. Santiago
Dylan Anthony A. Santiago

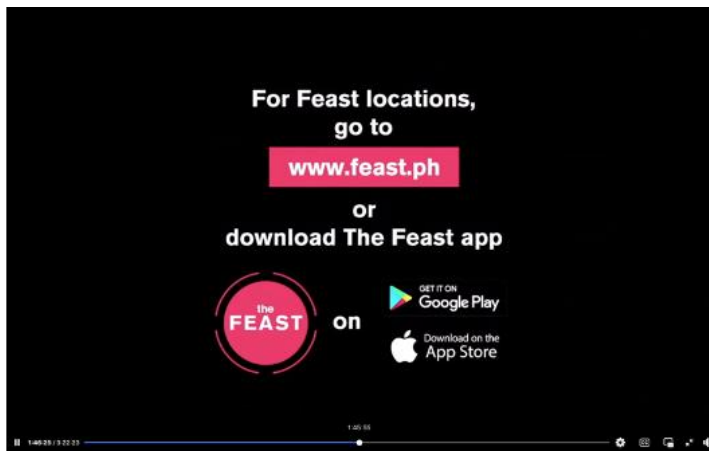
Media Ministries Head
Randy Borromeo

Contributors
The Feast Builders

Finance Officer
Rowena Cequeña

Publication Consultant
Chelle S. Crisanto

Human Resources Manager
Erika Ventura



For comments, article contributions, write or call us:
Email Address: lojlibrary2819@gmail.com
Landline phone numbers: 8725-9999, Fax 725-1230
Mobile phone: 0998-953-0657

Go and make disciples of all men.

— Matthew 28:19

